Ready2Comply
TOOLKITS FOR CHILDREN'S SERVICES

DIRECT WORK RESOURCE · ONLINE SAFETY

Stop, Block, Tell

Sextortion and online sexual harm

A colourful, ready-to-use direct work pack to help young people spot fake profiles and blackmail, know it's never their fault, and get help fast – and to help you gauge, record and act on risk.

- Ages 11–17
- 1:1 or small groups
- 3–4 sessions
- Editable Word

Worker's guide

Session plans, the 'never view' rule, disclosures and escalation, recording

Activity sheets

How sextortion works, real or fake spotter, 12 scenario cards, lock it down, Stop-Block-Tell plan

Risk measure

Young person's quiz with scoring key, worker observation checklist, record sheet – plus a certificate

SAMPLE

For children's homes, supported accommodation and schools · British English · Version 1.0 · November 2026

Advice, law and figures were checked against NCA / CEOP, UKCIS, IWF and legislation.gov.uk sources in November 2026 (see Sources, page 21).

Ready2Comply is independent and is not affiliated with, or endorsed by, the National Crime Agency, CEOP, the Internet Watch Foundation, Childline or any app or platform. Services are listed so young people and staff know where to get help.

How sextortion works

The tricks blackmailers use – and what to watch out for

Fake profiles

A cute profile pic, no mutual friends, a brand-new account.

⚠ The person behind it may be an adult criminal.

Fast flirting

Lots of compliments, very quickly. 'You're so mature.'

⚠ Rushing is a warning sign.

Moving apps

'Add me on another app' – somewhere harder to report.

⚠ Stay where you can block and report.

'I'll go first'

They send a picture first so you feel you should too.

⚠ It's often not even them.

The threat

'Pay or I'll send it to your friends and family.'

⚠ Don't pay. Stop replying.

Pay demands

Money, gift card codes or more pictures.

⚠ Paying rarely makes it stop.

Fakes and AI

They can fake a picture from a normal photo.

⚠ Fake or real, it's not your fault.

Stop, Block, Tell

Stop replying. Block and report. Tell a trusted adult.

⚠ Keep the messages – don't delete.

Help works

Report Remove can help get nude images of under-18s taken down.

⚠ You're not on your own.

Did you know?

In 2025, young people made **1,894 reports** to Report Remove to get nude images taken down – and **boys** made **98%** of the sextortion reports (IWF figures).

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Real-life situations

Cut out the cards or pick one. What's going on? What would you do?

1 New follower

A really good-looking person you don't know follows you and likes all your posts. Their account is new and you have no friends in common.

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

2 Quick flirt

After ten minutes of chatting they say you're gorgeous and so mature. "Let's talk somewhere more private – add me on this other app."

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

3 Swap pics

They send you a picture of themselves first. "Your turn. Don't leave me hanging." You feel like you have to.

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

4 The threat

You sent a picture to someone you'd been chatting to. Now they say: "Pay me £200 in the next hour or I send it to everyone you follow."

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

5 Gift card

You're told to buy gift cards and send the codes. "If you don't, your family will see it." You don't have that much money.

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

6 Hacked claim

An email says: "I've hacked your phone and I've got your pictures. Pay or I'll share them." You've never sent any.

🚩 Red flags? 🤔 What would you do? 🗣️ Who could you tell?

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