Ready2Comply

TOOLKITS FOR CHILDREN'S SERVICES

DIRECT WORK RESOURCE · ONLINE SAFETY

Think For Yourself

Online hate, misogyny and extremism

A calm, ready-to-use direct work pack to help young people spot how online influencers, algorithms and groups pull people towards hate, misogyny and extremism – and think for themselves – and to help you record and act on concerns.

● Ages 11–17 ● 1:1 or small groups ● 3–4 sessions ● Editable Word

SAMPLE

Worker's guide

Session plans, the law and Prevent for staff, SEND and trauma-informed tips, disclosures, escalation and recording

Activity sheets

How people get pulled in, check it out, 12 scenario cards, think-for-yourself toolkit, online life plan, who to talk to

Check-in

Young person's check-in with worker's guide (no score), observation checklist, record sheet – plus a certificate

For children's homes, supported accommodation and schools · British English · Version 1.0 · November 2026

Guidance in this pack was checked against Home Office, Counter Terrorism Policing, Children's Commissioner, DfE and legislation.gov.uk sources in November 2026 (see Sources, page 21). Online trends change fast – ask the young person what they see.

Ready2Comply is not affiliated with the Home Office, Prevent, Counter Terrorism Policing, Childline, True Vision or any organisation or platform named in this pack. The pack names no real influencers or groups. It supports, and does not replace, your safeguarding and Prevent procedures.

How people get pulled in

The tricks that pull people towards hate – and how to spot them

The algorithm

Watch one angry video, get ten more.

💡 Your feed isn't the whole world.

Influencers

Selling status, money and being 'alpha'.

💡 Many are selling courses or clicks.

Us vs them

Blaming one group for everything.

💡 Real life is never that simple.

Memes and jokes

Hate hidden as 'just a laugh'.

💡 Jokes can make hate feel normal.

Private groups

Invites to secret chats and servers.

💡 Older members may be grooming.

Belonging

'We're the only ones who get you.'

💡 Real friends don't cut you off.

Conspiracies

'They don't want you to know this.'

💡 Check the facts and the source.

Violence

Praising attackers or making violence look cool.

💡 This is where it gets dangerous.

Thinking for yourself

Pause, check, ask who benefits.

💡 You decide what you believe.

Did you know?

Most apps let you tap **'not interested'**, mute words and reset your recommendations. A few minutes of resetting can change what your feed shows you for weeks.

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Real-life situations

Cut out the cards or pick one. What's going on? What would you do?

1 Alpha advice

An influencer with millions of followers says real men control their girlfriends and that women should do what they're told.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

2 Just memes

Your group chat is full of racist memes. Everyone says it's "just jokes" and calls you soft if you don't laugh.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

3 The feed

You watched one video about how unfair life is for lads. Now your whole feed is angry men shouting about who to blame.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

4 New group

Someone invites you to a private server. The older members call you "brother" and say not to tell anyone about it.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

5 Blame game

Your mate says one group of people is to blame for everything wrong in the country. He wants you to share his posts.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

6 Get rich

An influencer says school is a scam and you should buy his course to "escape the matrix" and get rich.

🎣 What's the hook? 💰 Who benefits? 🧠 What could they do?

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